



Course Companion

for T Level Technical Qualification in Education and Early Years

Element 5: Parents, Families and Carers

Update v1.2, August 2023

zigzageducation.co.uk

POD
11494

Publish your own work... Write to a brief...
Register at publishmenow.co.uk

Follow us on Twitter [@ZigZagHealth](https://twitter.com/ZigZagHealth)

Contents

Product Support from ZigZag Education.....	ii
Terms and Conditions of Use	iii
Teacher's Introduction	1
Chapter 5.1: The advantages of working with parents, carers and wider families to support children and young people.....	2
Creating a shared level of expectations.....	2
<i>What settings expect from parents and carers</i>	<i>2</i>
<i>What parents and carers expect from the school or setting</i>	<i>2</i>
Making transitions smoother	3
<i>Types of transition.....</i>	<i>3</i>
<i>Strategies to support transition</i>	<i>5</i>
Supporting learning at home	7
<i>How can parents support learning at home?.....</i>	<i>7</i>
Inviting contributions from families	8
Sharing information	9
<i>Ways of sharing information with parents, carers and families</i>	<i>9</i>
<i>Ways in which parents or carers can share information with the setting.....</i>	<i>9</i>
Supporting the child or young person's well-being.....	10
<i>Ways to promote well-being in children and young people.....</i>	<i>10</i>
Making decisions and advocating different courses of action.....	11
5.1 Revision questions	12
Chapter 5.2: The characteristics of different family structures and parenting styles	13
Family structures	13
Parenting styles	14
The importance of being sensitive to different parenting styles and different family contexts	15
<i>In order to value and respect families</i>	<i>15</i>
<i>In order to contribute to inclusion in planning and provision and ensure fair and inclusive practice</i>	<i>15</i>
<i>In order to inform understanding of positive and negative behaviour and inform strategies used to support behaviour and development.....</i>	<i>16</i>
<i>In order to inform understanding of developmental delay</i>	<i>16</i>
5.2 Revision questions	17
Chapter 5.3: Understand the possible barriers to effective partnerships with parents, carers and wider families and how to overcome them.....	18
Possible barriers	18
How to overcome possible barriers to forming effective partnerships with parents and carers.....	20
<i>The key person building a relationship with parents/carers</i>	<i>20</i>
<i>Offering an open-door policy to hear parents'/carers' questions or concerns.....</i>	<i>21</i>
<i>Offering home communication diaries/journals</i>	<i>22</i>
<i>Providing secure family forums and apps</i>	<i>22</i>
<i>Using parent/carers questionnaires.....</i>	<i>23</i>
<i>Using regular telephone or email contact.....</i>	<i>23</i>
<i>Ensuring the building is accessible</i>	<i>24</i>
<i>Organising open days/evenings</i>	<i>24</i>
<i>Using translators or child advocates.....</i>	<i>24</i>
<i>Offering home visits</i>	<i>25</i>
<i>Making use of technology to establish and maintain communication with parents/carers including an exchange of information</i>	<i>26</i>
5.3 Revision questions	26
Chapter 5.4: Understand where to find a range of reliable resources to support parents, carers and wider families.....	27
5.4 Revision Questions.....	28
Answers to Revision Questions.....	29
Chapter 5.1: The advantages of working with parents, carers and wider families to support children and young people	29
Chapter 5.2: Understand the characteristics of different family structures and parenting styles.....	31
Chapter 5.3: Understand the possible barriers to effective partnerships with parents, carers and wider families and how to overcome them	32
Chapter 5.4: Understand where to find a range of reliable resources to support parents, carers and wider families.....	33

Teacher's Introduction

This course companion is for **Element 5: Parents, Families and Carers**, part of the NCFE Cache T Level Technical Qualification in Education and Early Years (603/5829/4). The aim of this resource is to guide students through the core content of this unit, providing them with in-depth information that covers each of the specification points. This resource is intended to provide students with the knowledge and skills that will help them succeed in the assessment for this unit.


Remember!

Always check the exam board website for new information, including changes to the specification and sample assessment material.

For clarity and ease of use, the content of this course companion matches the order of the specification points. The content is structured as follows against the unit's learning aims:

- **5.1:** Students must understand the advantages of working with parents, carers and wider families to support children and young people.
- **5.2:** Students must understand the characteristics of a variety of different family structures.
- **5.3:** Students must understand the possible barriers to effective partnerships with parents, carers and wider families.
- **5.4:** Students must understand where to find a range of reliable resources to support parents, carers and wider families.

Throughout the resource, there are key features to keep an eye out for:




Keywords: used to draw students' attention to various keywords throughout the unit.




Did you know?

Provides further information and additional content to inspire students.


Case studies



Help students to apply the issues identified in the resource to real-world scenarios.



Applied activities encourage application of knowledge to the case studies or to real-world scenarios in the health and social care sector.



Research activities inspire further research and stretch and challenge higher-ability students.

Some of the activities can be completed using either computers, mobile phones or tablets to aid students' research, and/or can be completed outside the classroom as homework.

There is also a set of **revision questions** provided at the end of each section (with answers included). These should help students recap their knowledge throughout the course companion, and will ensure that they have understood what they have read.

March 2022

Update v1.1, October 2022 (to match specification changes for first teaching September 2022)

- Removed reference to 'families where one or both parents may identify as LGBT' from nuclear family structure description on pages 13, 17 and 31.
- Added 'Social services / Children's services' and 'Special Educational Needs and Disabilities Information and Support Service (SENDIASS)' to pages 27 and 33.

Update v1.2, August 2023 (to match specification changes for first teaching September 2023)

- Reference to 'Education and Childcare' has been amended to 'Education and Early Years' throughout.
- Reference to 'making use of technology to establish and maintain communication with parents/carers including an exchange of information' has been added to p. 26.

Chapter 5.1: The advantages of working with wider families to support children and young people

Working with parents, carers and wider families ensures that everyone is working for the benefit of the child. Staff should view parents and carers as partners in the process of education and development. Families can be an amazing source of information about their child, which can help staff to understand the child better and support their learning.

Creating a shared level of expectation

This section will explain why creating a shared level of expectation when working with families is essential in order to be able to fully support the children and young people so that they fulfil their potential. It will also help to prevent any potential misunderstandings between home and the educational setting. It is said that parents are the child's first educators and the importance that good working relationships are developed with parents and carers to ensure that what is expected of them.

What settings expect from parents and carers

It is important from the outset that parents and carers understand what is expected of them in the school or childcare setting. This could be as simple as knowing what they need to bring, such as nappies and wipes for young children. Parents and carers of school-age children need to know what to expect from their child including school uniform, PE kit, dinner money or a packed lunch. It is also important to explain to parents what is expected of their child in terms of punctuality and what is expected of their child in terms of behaviour. Most settings have policies to support their policies on behaviour and attendance.

Home-school agreements

Many schools and settings have some form of home-school agreement which is shared with parents and carers before the child even starts school. This outlines key requirements that the parent must adhere to and also outlines what the family can expect from the school or setting. The parent is usually expected to sign the agreement to show that they understand what is required of them.



Did you know?

Ofsted requires all maintained schools to display certain information about their setting on their website; this includes key policies, contact details and information about key members of staff. Therefore, websites can be a good source of information for parents.

What parents and carers expect from the school or setting

Parents, carers and families will, understandably, have their own expectations about what they expect from the school or setting. They will expect their child to have a positive experience while attending the school or setting, both academically and emotionally. Parents will expect staff to be appropriately qualified and to be able to keep their child safe while in their care. Parents and carers need to feel that they can contact staff if they have a problem and to feel that they are being treated with respect and that their child's educational process is valued.

**COPYRIGHT
PROTECTED**



Making transitions smooth

This section will explain why supporting effective transition is a key role for all adults working with young people. It will explore the different types of transition the child or young person may experience and how these changes might affect the individual. This section will also outline some strategies to help children and young people to deal with transition, in order for them to become more confident in transition in the future.

Types of transition

A child or young person may experience many different transitions as part of their life. If handled correctly, children and young people will develop resilience and are more likely to cope with change in the future. If handled incorrectly, transitions may cause the child or young person emotional and/or educational harm, having a lasting impact upon the individual. Transitions can be of an educational nature, while others happen in the family or the wider community.

Transitions can be broken down into four main categories: physiological, physical, emotional and educational. It must be remembered that all types of transition may exhibit overlapping characteristics. For instance, moving schools will involve both physical and emotional transitions. Some transitions, such as puberty or starting secondary school, affect the majority of children or young people, while others, such as being taken into care, will only affect a few individuals. The different transitions will be discussed in more detail below.

Physical transitions

This is where the child or young person's physical location and/or environment changes, e.g. moving house, school, class or year group. Physical transition needs as much consideration and care as any other form of transition.

- **Moving home** can be an intensely difficult time for the child or young person, particularly if this involves moving school as well and/or family break-up.
- **Moving school** can be extremely challenging for the young person, although some may take this in their stride. Moving between schools – for example, between primary and secondary school – can be especially challenging for young people, depending on their individual circumstances.
- **Moving class and/or year group** – this, again, can be a wrench for the child or young person, particularly at primary school where the child is with the same adults for an entire year. Having to move into a new environment and get to know a new set of people may be difficult for some young people. Moving at the end of a key stage can be especially hard for some young children as they may not know what to expect; for example, between the end of the Foundation Stage and Key Stage 1, between Key Stage 1 and Key Stage 2, and between Key Stage 2 and secondary school. It can also be challenging when the young person has to leave school to attend a college or university, particularly if other changes are associated with this. Some may enjoy the new-found freedom such changes bring, while for others these changes will provoke anxiety.

Transitions can be a time of change for the child or young person. They may take a long time to adjust to the new environment.

Applied activity

Think about any transitions in your life so far which you have found particularly challenging and/or upsetting, e.g. starting secondary school or college. What did you find difficult about these experiences? How did you help yourself to get through them? Did anybody else help you to get through these experiences? What did they do?

INSPECTION COPY

**COPYRIGHT
PROTECTED**



Emotional transitions

This is where the child or young person experiences a change which affects them. Transitions can overlap with other forms of transition.

Bereavement	Any experience of death can affect the young person or child. This could be the death of a pet or the death of a family member; the depth of the experience will be connected to how close they were to the individual or pet. It is likely that a child who has experienced a death will require support at home and in school. This form of transition is more traumatic if it is coupled with other forms of trauma; for example, if a parent necessitates moving house.
Parental separation	When a child or young person's parents split up this can be an unsettling time for them. They may be concerned about who they will live with or not they will get any say in the matter; they could be worried about seeing the other parent or not and how often. The child or young person may be worried about any siblings they have and may feel that they need to stay close to them. Some children may feel that they are to blame for the separation. It is important to explain to them that this is not their fault and that the separation is of paramount importance to explain to them that this is not their fault. It can be made further challenging for the child or young person if they have to move home and/or school. All this has the potential to be traumatic for children and young people if not handled correctly.
Being taken into care	A child being taken away from their parent/s and placed into care can be incredibly upsetting for them. Whatever the parent/s say, the child will often still love them and want to be with them. A child taken into care is not their fault and we need to help them to understand that this is not their fault. This will also involve them having to live in a new house with new people and may involve them starting a new school, sometimes in a complete new location.



Did you know?

The average age for girls starting puberty is 11, while the average age for boys is 12. It can take up to four years for the process of puberty to take place and it happens at different times for everyone. It is normal for puberty to start anywhere between the ages of 8 and 14.¹ Young people who enter puberty at a particularly early age may need more help adjusting to the changes which take place, and settings will need to be prepared to support them with this. It is usual for schools to keep supplies in school to support girls if they start their period and have not been prepared with the correct materials from home. It is also possible that some girls may not be able to afford the period products they need and they may need help from school to access funds for these.



**COPYRIGHT
PROTECTED**



Physiological transitions

Physiological transitions affect the body of the child or young person; physical changes, chemical and emotional.

Puberty

Although puberty will affect all young people at some point in their lives, this transition should be approached with sensitivity and understanding. Because it is something we know will happen, we can help them to prepare for and to go through. Puberty is accompanied by many changes in the body and can affect individuals in very different ways,¹ with some people experiencing more challenging than others.

Starting or changing medication

Certain conditions, such as **ADHD** (attention deficit hyperactivity disorder), will require the child or young person to take medication of one type or another. Children and young people may also be prescribed medication for conditions such as anxiety; obviously, these medications will have been prescribed by a doctor, a psychiatrist, or a specialist nurse such as an ADHD nurse. While these medications have been prescribed to help the child or young person, they may be concerned about taking them and there may be side effects to taking the medication. A child or young person being prescribed medication for the first time, or who has had changes made to their medication, will need support from staff in school as well as at home; it is vital that good communication takes place between the setting and home.

Intellectual transitions

These changes are similar in nature to some of the physical transitions already discussed. They are the changes which occur when a child or young person reaches the end of a school, college or university, or begins a new job. All of these changes involve moving from one environment to new surroundings; often they will also mean getting used to new routines. Although these are changes which most children and young people will experience, they can manage them much better with support and preparation.

Strategies to support transition

Strong relationships

One of the best ways to support children and young people when they undergo transitions is to build strong relationships with them. This means that they will be more likely to come to you if they need to explain what is worrying them.



Did you know?

Children with special educational needs and disabilities (SEND) are more likely to find transitions difficult and will need more support when going through changes in their lives.

Transition booklets

Making and giving children transition booklets is a good idea from the time where they will be moving year groups. The booklet should contain photographs of staff who will be working with them. If the child is moving to a new place or having playtime on a different site, these spaces should be included too. The booklet should contain information about new topics which will be taking place, in order to give the children a head start.

**COPYRIGHT
PROTECTED**



¹ NHS (2018) – Stages of puberty: what happens to boys and girls – [zzed.uk/11494-nhs](https://www.nhs.uk/11494-nhs)

Visits

One of the best ways to help children move to a new setting, classroom, year group or key stage is to allow them to visit. This might involve short visits to their new classroom with the rest of their new class, where they meet their new adults and get to explore their new classroom. Or it might involve a series of visits such as those that take place when a child is about to move on to secondary school; these visits to secondary schools are designed to give the pupil a chance to become familiar with a much bigger building and to perhaps meet some of their new teachers and to get to know some of their new classmates. Sometime technology can be used to give pupils virtual visits to the new setting, but these should not be seen as a substitute for the real thing.



Providing information

Providing children and young people with as much information as possible about experience is also helpful. This could take the form of transition booklets (as men children you could just share photographs with them. Give children the chance to discuss any changes with other children if possible.



Case study

Jack is eight. Jack's parents have recently split up and both found new partners. Jack, his mum and his sister have moved into his mum's new partner's house in a completely different area. Because of this, Jack and his sister will be attending new schools, which is something Jack is worried about. Jack is also concerned that he now lives a long way from his dad and is worried he won't get to see him or his friends very often.



**COPYRIGHT
PROTECTED**



Supporting learning at home

It is well known that children and young people who are supported at home in their learning are more educationally than those who receive no support from home. It is important to involve parents, carers and the wider family in order to be able to encourage them to support learning at home. Give parents suggestions on how they can support learning at home. Invite parents to attend workshops which teach them how to help their children learn in the home environment.

How can parents support learning at home?

Play

Very young children and babies learn best through the medium of play. Parents can support their children by playing with them and providing them with age-appropriate toys. Role playing and playing shops – can help children's language development and social skills. The following are reasons why play is so important for young children.

Research activity

Can you find out some of the reasons why engaging in play is so important for children and young people? The National Literacy Trust website is a great place to start:

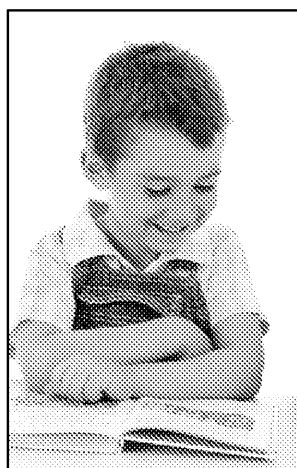
www.literacytrust.org.uk

Talking to children

It is very important that parents and carers talk to their children as this is how their communication skills develop. There is a great deal of evidence to suggest that children who grow up in homes where they are regularly spoken to do better educationally. Children who do not speak themselves do better educationally than children who do not. Children in 'non-talking' households.

Reading

It is vital that babies and children are read to from a very early age. Children who are read to from an early age tend to do better in a range of school subjects. Reading to children helps them to develop their vocabulary but helps to develop their reading skills. Parents and carers. Regularly reading to children can help them to develop their reading skills. Reading for pleasure. Parents can also support children to read regularly once they start reading at school. Providing children with books to read doesn't need to be expensive as they can be borrowed from libraries. Many schools also have books which children can borrow. There are also various programmes which provide free books to children. Many publishers and children's websites also provide books to download to tablets and other devices.



Homework and projects

Parents and carers should be encouraged to support children and young people with their homework and any projects which need to be completed at school. Settings need to provide support for this and explain exactly how they expect projects and homework to be completed. This is because many schools teach Maths and other subjects in a completely different way from those in which parents or carers learnt when they were at school. Parents and carers may want the finished product to look perfect and may become frustrated with children; therefore, what is and is not acceptable should also be explained carefully. Explain to parents that it is the learning which is important, and, therefore, there is no benefit in them completing the work for the children. Children should be encouraged to make mistakes in order to learn from these. Encourage parents and carers to ask for support from the setting if they need to.

INSPECTION COPY

**COPYRIGHT
PROTECTED**



² National Literacy Trust (2017) – 10 reasons why play is important – zzed.uk/11494-play

Inviting contributions from families

Many parents, carers and members of the wider family have a wealth of experience and skills to share with children in the setting or school. Inviting parents and carers to contribute to the curriculum, to support learning, to share their own experiences and to foster relationships between home and school which the children can benefit from.

Volunteering in the setting

There are a number of ways in which parents, carers and wider family members can contribute to the setting. Of course, all volunteers must adhere to the school's safeguarding procedures and be approved by senior leaders or managers before inviting other adults into the setting.

Listening to children read

Schools and settings are always looking for volunteers to listen to children read. This can be a great opportunity for them when they get the opportunity for regular practice.

Helping out on trips

Schools and settings are often in need of additional adults to help on trips, and this can be a great opportunity for carers to help out with.

Talking about jobs and hobbies

Parents, carers and other family members might have a great deal to share with children regarding jobs and hobbies. They could be invited into the setting as part of a topic or it might be possible to make use of their skills with, for example, sewing, knitting or baking.

Applied activity

Think about your own school experiences. Did you ever have parents, carers or wider family members come into to school to talk to your class? Discuss with a partner how these experiences can help to develop positive relationships with adults.

Helping out with events

School fundraising

Schools often need help with fundraising and family members can be a great help with this. They could help with stalls or games at the school fair or baking cakes for sale. Many schools and settings are part of a Parent Teacher Association (PTA) which is run by parents and carers; they often raise money for a particular project or for the library or new play equipment for a nursery.

INSPECTION COPY

**COPYRIGHT
PROTECTED**



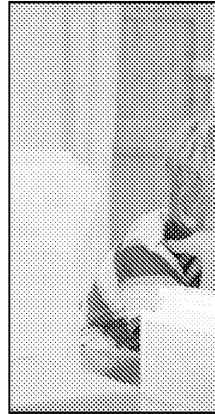
Sharing information

Effective sharing of information is also a key part of developing relationships with parents and carers mentioned in the previous section, helping to ensure that everyone has a shared understanding of what is expected of them by the school or setting and any important information they need to know. The sharing of information should be a two-way process between the setting and parents and carers.

Ways of sharing information with parents, carers and the setting

There is a variety of different ways of sharing information with families and of ensuring they understand what is expected of them by the school or setting and any important information they need to know:

- Texts
- Newsletters
- Website
- Phone calls
- Notice boards
- Postcards
- Letters
- Meetings (both one-to-one and group)
- Social media (although this would need to be in line with the school or setting's policies)
- Brief conversations before and after school



Ways in which parents or carers can share information with the setting

It is important to establish a relationship with parents and carers which is built on mutual trust and respect. Parents are then more likely to share sensitive information with the setting, which may help to safeguard children. It is also preferable that parents and carers contact the school first if they have a problem, giving staff chance to sort it out.

There are a number of ways in which parents can be encouraged to share information with the setting:

- Requesting meetings with their child's teacher or other staff
- Communication diaries
- Messaging services provided by the setting, such as Class Dojo
- Informal chats before and after school
- Questionnaires which seek out the parent or carer's opinion
- Parents' evenings

Applied activity

How would you try to develop trust with parents and carers? How could you encourage them to share information with the setting? What should you do if the parent or carer shares any sensitive information with you regarding their child?



Do not use communication diaries for babies. The primary information should be provided by the nappy child. The provider should be between the child and the parent, such as a

INSPECTION COPY

**COPYRIGHT
PROTECTED**



Supporting the child or young person

This topic encompasses everything we have learned about in this chapter so far. We need to develop effective and trusting working relationships with parents and carers, and support the child or young person's health and well-being.

There are a number of factors which can influence a child or young person's well-being. Some of these are things they have no control over. These can include: health, background, economic well-being, and the relationships with parents and carers. What we can try to do is to help to combat any negative influences and support the child or young person's self-esteem and by developing their resilience.

Ways to promote well-being in children and young people

The most important thing we can do for children and young people in our care is to support them and help them to develop resilience when faced with challenges and new experiences. We can explore different ways in which we can help children to develop resilience.

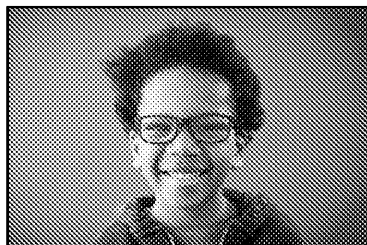
Making mistakes

Children and young people should be encouraged to make mistakes and to bounce back from these. Staff should help children and young people to focus on finding the solution to a problem and to take responsibility for their own mistakes. Staff could show children how to use mistakes they have made to improve their performance in the next test or challenge. Adults should model making mistakes and showing children and young people that we can learn from these. Staff should show the child or young person that mistakes are nothing to worry about.

Research shows that children who have a positive self-esteem are more likely to be able to bounce back from setbacks and challenges.

Developing self-confidence

Help children and young people to develop their self-confidence. Children and young people who have a positive view of their own worth are more likely to be able to cope with challenges. Recognise what the child or young person has achieved and help them to recognise this too. Help them to understand that they are good at everything and that it is OK to need help. Encourage people to value qualities in themselves and others, for example, valuing when people are kind and helpful.



Self-esteem: our self-esteem is how well we think about ourselves and whether we like ourselves as people.

Self-confidence: self-confidence is the level of confidence we have in ourselves to complete a particular task or skill.

Developing strong relationships

Children and young people who have strong relationships with their families and wider community are more likely to be able to take risks. We can't always affect the quality of these relationships, but we can ensure that children and young people have good relationships with adults in the setting. We can take time to listen to children and value what they say. We can model and actively promote appropriate relationships and young people in your setting.



Did you know?

Children with attachment disorder are less likely to be able to form appropriate relationships with adults and their peers.

Research activity

What can you find out about attachment disorder? How does this develop? How can we support a child with attachment disorder to start to form relationships in the setting?

INSPECTION COPY

COPYRIGHT
PROTECTED



Making decisions and advocating different courses of action

Staff can **advocate** on behalf of children and young people with a variety of different people, including parents and carers, other adults in school and adults in the wider professional community. For example, for a child in foster care it may be necessary to advocate for them with a social worker or other professional. Parents can also advocate for their child in dealings with school and with other professionals. It is important to consult with children and young people, and their parents and carers, when making decisions about their well-being and future. While their views can be taken into account, any **safeguarding** issues will take precedence over the wishes of the child.

It is important to note that because some children and young people are considered to be more vulnerable than others they will be more in need of an adult to represent their wishes and feelings. This will be particularly the case with children and young people who have special educational needs and disabilities (SEND).

Research activity

How could children and young people with communication difficulties express their wishes and feelings with you? You could use the Internet to research in which ways these children and young people could share their thoughts and feelings with you and other staff.



INSPECTION COPY

**COPYRIGHT
PROTECTED**



5.1 Revision questions

1. Name **four** ways in which expectations of parents and carers can be shared.
2. Give **two** categories of transition. For each category give two different transitions a person may go through.
3. Describe **two** strategies which could be used to help a child or young person with physical transition.
4. Read the following case material:

Gemma is four years old and has just started school for the first time in the primary school. Gemma has never been in an educational setting before. You are now working in Gemma's class.

Answer the following questions:

- a) How can Gemma's parents support her learning effectively at home? Discuss in two different ways.
 - b) Gemma is finding everything about her new school very overwhelming. Discuss how you can help her to become more settled in her new class.
5. Explain **three** reasons why it is important for staff in educational settings to communicate with parents and carers.

**COPYRIGHT
PROTECTED**



Chapter 5.2: The characteristics of different families and parenting styles

When working with parents, carers and wider families we need to be aware and understand that different types of families occur in many different forms. These families might look very different from the ones we grew up with ourselves, but all types of family need to be valued and respected if we are to build positive relationships with them. It is important to note that you may come across some of the families listed below.

Family structures

Nuclear family

A nuclear family generally consists of two parents (who may or may not be married) raising one or more children.

Single-parent family

A single-parent family typically consists of a lone parent bringing up one or more children.

Extended family

In an extended family household many different members of the same family live in the same house to raise the child or children who live in the house. From a setting point of view, this means that many family members may be involved in picking up and dropping off the child at the setting and

Foster family

In a foster family there will be at least one child who is currently being fostered. The foster family has the ultimate responsibility of the local authority and so settings may need to liaise with the foster family representatives of the local authority, as well as with foster carers.

Adoptive family

An adoptive family differs from a foster family in that the arrangement has been permanent and the child or children have been legally adopted by the carers.

Blended family or stepfamily

This is where one or both parents in a family have children from previous relationships and bring them together. The children from previous relationships may or may not live in the same house at all times of the time, depending on any arrangements which are in place. Where appropriate, settings should be aware of all the significant adults who may be involved in the child's life, including the biological parents, and need to liaise with them at some point.



INSPECTION COPY

**COPYRIGHT
PROTECTED**



Parenting styles

We need to be aware that there is a range of different parenting styles as the way we choose to parent has a considerable effect on the child's development. How people have an impact on how they view educational settings and their staff; for example, some are inclined to see themselves as partners in the education process than others. Here are some parenting styles with their key characteristics:

Authoritarian	With authoritarian parents and carers there is a focus on control sitting firmly in the hands of the adults. Children are given rules of the household without explanation or discussion and no room for compromise. Children in this type of household may exhibit bad behaviour, but not necessarily rewarded for good behaviour.
Permissive	In a permissive household there are very few rules or boundaries, to, and those that do exist are often broken. The parents in this household often prefer to treat children as friends rather than as children in need of guidance.
Authoritative	In an authoritative household there are also rules and boundaries made clear to children and are usually explained. There are high standards for their children and encourage them to meet them. If a child breaks the rules the consequences are usually consistent and fair as a family; there are also usually opportunities for the child to explain their actions.
Instinctive	Instinctive parents and carers often rely on the way they feel about their parenting decisions. These parents also rely on their intuition when making key decisions regarding their children.
Uninvolved	Uninvolved parents show little or no interest in their children's lives, responsiveness to them, other than providing for their basic needs. In these households, even the most basic of needs will not be met, leading to neglect.
Helicopter	Helicopter parents like to 'hover' over their children, being involved in every aspect of their lives. While this may be appropriate for keeping very young children safe, it can become frustrating for the child and result in a lack of independence.



Research activity

There are many other styles of parenting not described above. Carry out some research to see what other styles of parenting exist and write a short report on each for yourself.

Applied activity

Think about your own upbringing (or that of a friend or family member if so). What type of parenting style did you experience? How did this make you feel? Write down your thoughts and feelings in a letter to your parent/carer/s; obviously this would just be a role-play exercise and would not need to be given to them.

INSPECTION COPY

**COPYRIGHT
PROTECTED**



The importance of being sensitive to parenting styles and different families

As already discussed, parents and carers are the child's first educators and should often contribute a great deal of information about their child, and setting staff can work with parents, carers and the wider family which are based on mutual trust and respect. There are many reasons why it is important to be sensitive to different parenting styles and different families.

In order to value and respect families

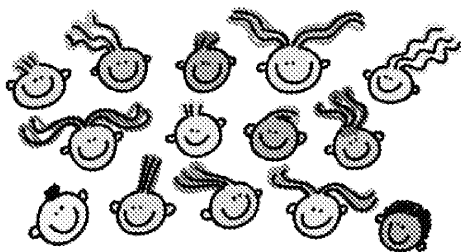
As we have already seen, families come in lots of different packages, and it is vital to be sensitive to this regardless of its make-up. Added into this mix will be the fact that the families will come from a variety of different cultures and backgrounds. We have also seen that different families will have widely different approaches to parenting and bringing up their children. All these different parenting styles should be accepted and valued by the setting, unless there are concerns. For example, we noted that permissive parenting styles could slip into neglect, a concern which would need dealing with by managers or senior staff. The harm caused by neglect can be deliberate, as with sexual or physical abuse, or may be a result of ignorance. If a child's basic needs are not met. A child has a right to have his or her basic needs met in terms of warmth, appropriate clothing, food and shelter; if these basic needs are not met, this is deemed to be **neglect**. A child also has a right to an education, and, therefore, poor attendance may also be deemed to be a sign of neglect.

Safeguarding: in this context, safeguarding means protecting the child from all forms of harm.

Neglect: when a child or young person suffers from neglect, this means that their basic needs are not being met by the parent or carer. These needs include being given food and water, being kept clean, being given appropriate shelter and being dressed suitably for the weather.



In order to contribute to inclusion in planning, ensure fair and inclusive practice



Inclusion: inclusion means meeting the needs of all children in the same classroom or setting, regardless of their ability, ethnicity, culture or background.

As we have already seen, the sharing of information between parents and the setting can be invaluable in helping staff to understand the more we know about a child the better we can support their particular needs. Furthermore, knowing as much about a child's background can support **inclusion**.

When people think about inclusion, they often think of including children with special educational needs (SEND) in mainstream classrooms, but this is not always the case. Effective inclusive education will ensure access to learning which is appropriate to the child. It will take into account their background and experiences. Parents can be a valuable source of information and support planning for inclusion.

INSPECTION COPY

COPYRIGHT
PROTECTED



In order to inform understanding of positive and and inform strategies used to support behaviour

Knowing a child's background can be vital in beginning to understand why they may behave in a certain way. For example, if you know that the child comes from an uninvolved or permissive way towards explaining the child's poor behaviour in the setting. It is also important as partners when trying to help a child to change their behaviour; for some children a deterrent to know that any incidences of poor behaviour will be passed on to the next day of the school day. Staff need to make sure that parents fully understand any behaviour and consequences, which may be in place in the setting; if these systems are expected to be supportive of them. It is important to place as much emphasis on rewards as children will respond well to this kind of motivation. Whatever the behaviour system in the setting, it is of vital importance that it is used consistently by all staff.



Did you know?

A home-school communication diary can be a useful tool in ensuring there is collaboration between parents and staff if a child is experiencing difficulties in adhering to rules in the setting. This would need explaining to parents and carers first, following an initial discussion regarding the child's behaviour.



In order to inform understanding of development

As already mentioned, information sharing should be a two-way process between staff and carers; this is vital in order to ensure the best possible outcomes for the child. Parents and educators and may be a valuable source of information on the child's development. Staff should listen carefully to any concerns the parent may have regarding the child's education and development.

A good relationship with parents will also help when it is necessary to have a conversation with them about their child which may be sensitive in nature. For example, it may be necessary to discuss if a child may be showing signs of **developmental delay**; staff will need to be supported with this information in order to ensure the best outcomes for the child. A child who is experiencing a developmental delay will fail to achieve certain developmental milestones. These milestones include language skills and motor skills. It is important to note that all children meet these milestones at different times, and some minor delays in achieving these milestones are not necessarily anything to worry about. If significant delays occur that we need to consider whether the child is experiencing a developmental delay. There are many reasons why a child may experience developmental delay, but the cause is not always clear.

**COPYRIGHT
PROTECTED**



Research activity

Find out as much as you can about developmental delay and some of the possible causes of this. What can be done to help children in the setting who may be experiencing developmental delay? Design a poster which shows setting staff how to spot a child who may be experiencing developmental delay.



Developmental delay is when a child does not achieve certain developmental milestones within an appropriate time frame.

5.2 Revision questions

1. Which of the following describes a nuclear family?
 - A Multiple members of the same family living in the same house and possibly in different parts of the country.
 - B Two parents raising a child or children.
 - C Having at least one child who has been fostered or adopted.
 - D A lone parent raising a child or children.
2. Explain what is meant by a blended family.
3. Name **two** different parenting styles and describe their main characteristics.
4. Explain what is meant by the term 'inclusion' and its importance in education.
5. Explain what is meant by developmental delay.

INSPECTION COPY

**COPYRIGHT
PROTECTED**



Chapter 5.3: Understand the possible barriers to partnerships with parents, carers and wider family and how to overcome them

As we have already discussed, it is vital that effective relationships and partnerships are established with parents, carers and wider family members if the children in our setting are to achieve the best possible outcomes. Unfortunately, there are a number of possible barriers to achieving these effective relationships, some of which will be outlined below. However, it is important to remember that there may be other possible barriers, not listed, which may need to be overcome. The possible ways in which these barriers can be overcome by family members are to be established. The possible ways in which these barriers can be overcome are discussed in the next chapter.

Possible barriers

Time constraints

Parents, carers and wider family members often have many other demands on their time in addition to their responsibilities towards the child currently in your setting. This includes work commitments, caring for siblings or even caring for other family members. It is important to understand and be sensitive towards these other commitments and that you may need to be flexible when trying to find time to meet up with parents.

Work commitments

Parents and carers may have varying work commitments which may make it difficult for them to attend school and after school (or session times). For example, many people are now required to work long hours, making it difficult for parents to attend the same meetings that other parents are able to. Parents and carers reliant on **wrap-around care**, meaning that they often drop off or pick up their children very late in the day; this can make it difficult to arrange meetings with them.

Wrap-around care: this is extra care that a school or setting provides beyond the normal school day, e.g. in the form of breakfast clubs and/or after-school clubs. See [zzed.uk/11494-wraparound](https://www.zzed.uk/11494-wraparound) for more information.

Limited resources

Limited resources can have an impact on partnerships with parents, carers and wider family members in a number of different ways. If a setting is limited in resources, it may be costing them more to transport their children to and from the setting. If staff arrange extra meetings with parents and carers outside of normal session times, this could impact on them in attempting to attend.

Mistrust from families

Many adults have a mistrust of schools, which can stem from a variety of different reasons, including having had negative educational experiences, and this will be discussed further in the next chapter (Chapter 5.1). There may be a lack of understanding of what the parent or carer can expect from the school or setting. It is important to be able to give a parent or carer the information they need. The parent or carer may have heard some negative things about the setting by other parents or carers in the school playground or on social media.

INSPECTION COPY

COPYRIGHT
PROTECTED



English as an additional language

When parents or carers do not speak English as a first language this can cause difficulties attempting to form relationships with them. It can be difficult to get even the most fluent speakers of English as an additional language (EAL). Each school or setting will send messages out to parents and carers, which will be difficult for EAL parents to access. There are difficulties understanding the information available on the school website unless they have a member or close friend who speaks English well enough to translate for them. Working with EAL parents or carers, this can have the potential to give rise to misunderstandings and relationships being developed between staff members and family members which do not provide the best experiences for children and young people.

Special educational needs or disabilities

When the child or children has/have special educational needs and disabilities (SEND), the parents or carers, who are often simply trying to provide the best educational experience for their child. It is important to make families feel that they are working in partnership with the school in order for the best outcomes for the child to be achieved. It is also important to ensure that the school may themselves have SEND, and it is just as important to ensure that effective relationships are developed with these parents and carers in order to ensure that the best outcomes are achieved.

Family members' own negative educational experiences

Many parents and carers will not have the best memories of their own school experience and they may be reluctant to engage with staff or even enter the setting at all. These parents may be unwilling to engage with staff; however, for them, engaging with a school setting can be for a number of different reasons. It will take extra effort to overcome these parents' negative experiences with educational staff and settings.

**COPYRIGHT
PROTECTED**



How to overcome possible barriers to forming effective partnerships with parents

We have just covered some of the possible barriers to forming effective partnerships with wider families which may exist in schools and other settings. This chapter will look at how setting staff can attempt to overcome some of these potential barriers and, perhaps, prevent them in the first place.

The key person building a relationship with parents

In early years settings, the key person has particular responsibility for a group of children and is named as the child/children's key worker. Usually, this person will have responsibility for liaising with the parents and carers of these named children and beginning to develop relationships with them. In schools, this person tends to be the class teacher; therefore, the class teacher is the person who needs to develop effective relationships with parents and carers. As has been mentioned a number of times, it is vital that staff members form effective relationships with parents and carers in order to achieve the best outcomes for children. However, it is also important that other staff members get to know parents and carers and begin to form effective relationships with them in case for some reason the teacher is not available for the parent to talk to.

i Did you know? Under the Early Years Foundation Stage, the age of the child and the education allocated to help them are tailored to help the setting, of the child or their parent.

Relationships can be built with parents and carers by following some of the other strategies. There is no substitute for being patient, kind and encouraging with parents and carers. It is an opportunity to engage with more reluctant parents and to encourage them to come forward with their worries or concerns they may have regarding their child. It might be that a reluctant parent only converse with a certain member of staff, and this relationship should be cultivated. If the key person or teacher for the child is; it is more important that the parent or carer has a good relationship with any member of staff, rather than worrying about which member of staff to go to. If a staff member is able to form a successful relationship with a parent or carer, even if they are reluctant to engage with the school or setting, this relationship could be used in the future to help the parent engage and form relationships with the new class staff.

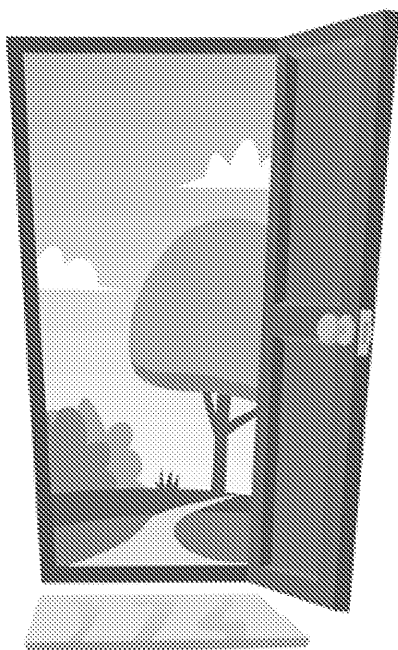


**COPYRIGHT
PROTECTED**



³ Department for Education (2021) – Statutory framework for the early years foundation

Offering an open-door policy to hear parents'/carers' questions or concerns



It is essential to have an open-door policy for parents and carers, particularly those who may be worried about setting staff, to communicate any worries they may have. These concerns may be about something minor to us, but may seem insurmountable to a worried carer. The sooner these worries are dealt with, the better will be for the development and well-being of the child. If worried this can also have a negative impact on their health.

As mentioned earlier, it may also be possible to address safeguarding concerns regarding their child. Staff should deal with any concerns of this nature as part of the setting's relevant policies. Therefore, encouraging carers to come to staff to discuss any worries they may have, as soon as is practical, is preferable to parents dealing with concerns on their own; for example, in cases of conflict between pupils. It is also better for parents to air any grievances they may have with staff in the correct way, rather than taking them to social media or by gossiping in the school playground.

This open-door policy should be explained and implemented from the moment a parent or carer comes into contact with the school or setting. It may be that the setting needs to give staff time to be freely available to talk to parents, to avoid the parent feeling that they have been ignored. For example, it is not always possible for a class teacher to have a lengthy conversation with parents at home time, when they are responsible for letting the whole class out safely; however, staff could wait for 10 to 15 minutes in order for the teacher to be able to have the time to talk to parents. It is important for staff to be as welcoming and flexible as possible with this approach so that parents feel that their concerns and questions are being taken seriously. It may have taken parents courage to approach school staff with their concerns in the first place, and it is essential to encourage them to do so in the future.

Applied activity

How could you help to make a setting or classroom as welcoming as possible for parents? Think of any ways of parents being able to ask questions without having to approach staff.

Role play activity

Role-play the following activity with a fellow student, colleague, or anyone else. One person will play a member of school staff and your partner will play a parent. Imagine that you are at the end of the school day but you are expected to attend a staff meeting. How could you deal with this in a way that would leave the parent feeling valid and heard with concerns in the future?

INSPECTION COPY

**COPYRIGHT
PROTECTED**



Offering home communication diaries/journals

In Chapter 5.1, communication diaries were introduced as a way of sharing information. This form of communication is a common way of sharing what has happened with children, particularly in nurseries and other early years settings. Communication diaries may show consistency between home and school if a child or young person is going through something or struggling with their behaviour or any other issues. This form of communication may be useful for parents or carers who may find it more difficult to communicate their worries in a face-to-face situation; using a communication journal or diary may be a way of communicating with parents who may have had their own negative experiences. They could then be gradually encouraged to slowly transition from using the communication diary to face-to-face conversations with setting staff. There would need to be some guidelines for parents/carers who are using the communication diaries, in order to establish what is in the diary and what is not.

Applied activity

Write a list of guidelines for parents and carers to use when they are writing in communication journals or diaries. For example, what it is OK to write and what it is not OK to write; it may be necessary to give some examples. It is important that school staff and parents are not too negative when writing about children or young people in communication diaries. Remember that it may be necessary to share information in these diaries with senior staff, particularly if there are safeguarding concerns.

Providing secure family forums and apps

There are a number of secure ways in which parents can share their concerns and questions with school staff without having to meet face to face. If the parent feels that their question is important enough to merit a physical meeting with school staff, they may wish to raise the question through established social media channels. Many schools have their own Facebook and Instagram pages; however, it can be difficult, if not impossible, to ensure that only parents and carers of the school have the capacity to comment on the school's or setting's social media pages and using social media in this way can open the setting up to criticism from a variety of people and it must be closely monitored and regulated by a member of school staff who is responsible for these social media outlets, and in line with the school or setting's social media policy. It can also make it difficult to ask a question which the parent or carer may deem to be sensitive.

Many schools have texting features available, but these are generally for the school to provide information to parents and carers, rather than for parents and carers to be able to share information with the school or setting. There are, however, a number of services which schools can subscribe to in order to facilitate a two-way communication process between home and school; one example of these services is Class Dojo, which allows parents to securely message school staff (usually the class teacher) and for the staff member to respond. This app is also another way of sharing messages and newsletters with parents. Furthermore, many school websites offer a secure area accessed by parents and carers (as opposed to the general public) and often offer a secure forum as part of their package. Some websites also offer the facility for pupils to message staff if they are worried about something or have a query about their homework. Again, schools should monitor pupil, staff and parent activity on such platforms carefully and in line with their policy. Usually some sort of **whistle-blowing** feature, which means that children can make a report if they are using the site or messaging service inappropriately.

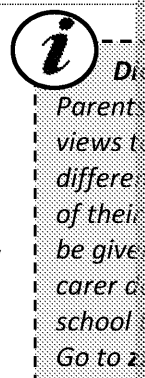
Whistle-blowing is a sort of button or feature on messaging services used in schools. This allows the student to report an issue such as inappropriate behaviour.

**COPYRIGHT
PROTECTED**



Using parent/carers questionnaires

Collecting parents' and carers' opinions on a variety of different topics and issues is an important way of ensuring the needs of all children and families are met; this can be done through the use of questionnaires or surveys. Providing a way for parents and carers to give their views anonymously is more likely to encourage them to respond, but will also ensure that they do so honestly. Parents should be reminded that they should approach schools straight away if they have any urgent issues which need addressing, rather than waiting for a questionnaire to be sent out.

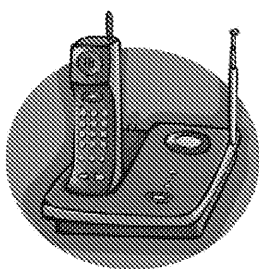


There are a number of ways in which settings can give parents a questionnaire to complete:

- Firstly, there is the standard paper questionnaire which can be given out to each child to take home with them at the end of the day. Parents would send their responses into school via their child as they would any other correspondence; as already mentioned, parents and carers should be allowed to remain anonymous if they wish.
- Secondly, some school website facilitators also offer the facility to issue questionnaires and surveys through their platforms; they may also offer tools to help to process the responses once they have been collected.
- Finally, websites such as SurveyMonkey offer the ability to host free, or relatively cheap, surveys and questionnaires for schools and other settings; the link for these surveys can be easily sent to parents through the school's texting or messaging service.

With all these options it would be helpful if the setting still sent out a brief letter how to access the survey and what the purpose of it is.

Using regular telephone or email contact



It is important to remember that not all parents and carers have access support from setting staff during normal school hours. As already mentioned, some parents work shifts and/or have children in after-school clubs to provide wrap-around care for their children. Parents and carers may need special consideration and access to staff about their child or to receive any information disseminated.

As already mentioned, there are a number of messaging services and platforms, which allow parents and setting staff to engage in two-way conversations about children. It is important to ensure that these are at their disposal to ensure that parents or carers are able to keep in regular contact and feel that their views are being heard. This may mean staff keeping in regular telephone contact with parents and carers.

Childminders: childminders are paid to take care of children in their own homes. When children are in their care, they are often responsible for dropping them off at school and collecting them when school has ended. Childminders have to be registered with the local authority.

**COPYRIGHT
PROTECTED**

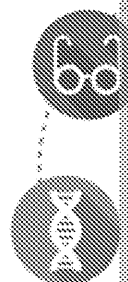


Ensuring the building is accessible

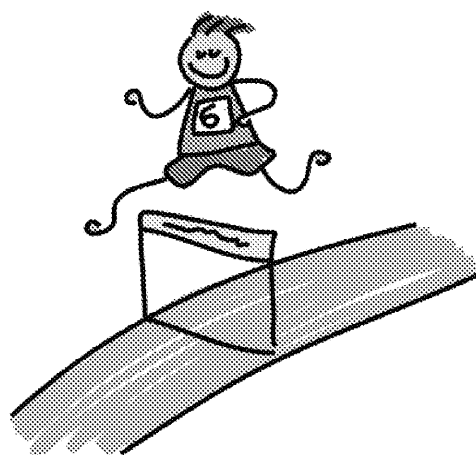
As we know, parents, staff, visitors and children may have special educational needs which may mean that they may struggle to physically access the building unless specific adjustments are made for them. In basic terms this may mean the provision of an accessible toilet or wheelchair. These are not things which staff can necessarily influence; however, it is important to think about what can be put into place by staff to ensure that everyone is able to access the setting and that everyone has the same access to support and help from staff and receive the same information.

Case study

Hanisha's dad is deaf and is the parent who has the most contact with school as mum works full-time. There are a number of adjustments which the school can make in order to ensure that Hanisha's dad accesses all the information he needs and to enable him to access parents' evenings and to be able to express his views to classroom staff. The school should provide a sign-language translator for any parents' evenings and/or important parents' meetings. This sign-language translator would be paid for by the school and hired from the appropriate local service. Hanisha's dad should also be provided with detailed written information where possible.



Organising open days/evenings



As already discussed, parents and carers are always welcome in the setting and that they can contact the school whenever they have a problem or question. One way of ensuring that parents and carers feel more comfortable in the setting, is through open days and/or evenings. These events could be for all parents and carers to get to know staff better, or they could be for specific groups of parents and carers. These events could be for allowing parents and carers to get to know the school thoroughly, or they could be for charitable fundraising. Regular school events, such as concerts and sports days, are a good way of encouraging reluctant parents to attend. In these sorts of events to parents, it should be made clear that parents and carers are welcome to attend. When organising these events, it should be made clear to as many parents and carers as possible, particularly during open evenings and open days.

Using translators or child advocates

Speaking English as an additional language (EAL) can be a real barrier to children and parents being able to fully access a setting and all it has to offer. If a parent or carer speaks very little English they may struggle to communicate with setting staff, and staff will struggle to communicate with families in return. Furthermore, although children tend to pick up new languages quickly, starting at a new school or setting where no one speaks your language will be very overwhelming at first.



**COPYRIGHT
PROTECTED**



There are a number of things which can be done to help both EAL children and those who are familiar enough with the language to be able to communicate at an appropriate level. Schools are able to hire translators to work with children in the classroom to help them to understand what is going on in place. Translators can also be asked to be present at meetings between staff and parents to ensure that everyone is able to present their views effectively; they could also help to translate messages to be sent home to parents and carers. However, it is important to remember that this will often come at the expense of the school or setting and some schools and settings do not have children with EAL. Therefore, it would be impossible to have a translator present in every school or setting for 100 per cent of the time. It is essential that setting staff find other ways to support their parents and carers if a translator is not available.

Applied activity

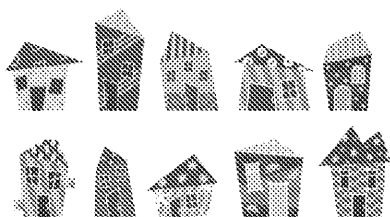
Create a leaflet for staff to read which is full of ideas to support EAL children in the classroom. You may need to do some further research using the Internet to help with this task. Ask another student to look at your leaflet for you. What do they think? Are the ideas easy to follow and relatively simple to implement?



Did you know?

A child advocate can help a child make their wishes known. They can be appointed and can be a foster care or if the child is in social services – in a family. See [zzed](#) for more information.

Offering home visits



Staff in early year settings often choose to offer home visits to children. This is because their child starts attending the school or setting and they can see the potential benefits for the child, family and setting. Children often feel more comfortable in their own environment and can communicate freely in their own home. A staff member or carers who do not have their own transport can find it challenging and/or intimidating.

Furthermore, it can be useful for setting staff to have a context for the child and to understand the child and their particular stage of development. Staff may be able to see the child's family, including siblings, and this will, again, help them to understand the child better. If a staff member has visited their home and this may help them to start to form relationships.

There are, however, a number of things to remember when considering carrying out home visits:

- A staff member must never visit a family's home on their own – it is far safer if there are two staff even if you feel that you know the family well.
- Not everyone has access to the same standard of living and you may be shocked by the experience in a family's home. However, it is important not to let your feelings get in the way.
- Remember to always be respectful when entering someone else's home. Be aware that families may have different cultural expectations and it may be wise to do some research under these circumstances.
- Remember to report any concerns which arise from home visits to a more senior designated safeguarding lead (DSL), depending on the setting's policies.

**COPYRIGHT
PROTECTED**



Making use of technology to establish and maintain communication with parents/carers including an exchange of information

Teachers can use technology in a number of ways to establish and maintain communication with parents/carers, facilitating an effective exchange of information. Some ways this can be done are:

- **Parent/carers communication platforms / apps** – These can be used to share messages and share updates on students' progress.
- **Emails** – Email systems can be used to regularly share information, such as updates and student feedback. These can be archived for future use.
- **Online portfolios** – Digital folders could be set up to share students' work with parents/carers.
- **Virtual meetings** – Face-to-face meetings via video conferencing tools, such as Zoom, can be used to share detailed information and address concerns or questions.
- **Online surveys and feedback forms** – As mentioned earlier, online platforms can be used to generate surveys.
- **Social media and blogs** – Private online groups on social media can be used to share information with parents/carers.
- **Online calendars** – Online calendars can be used to share important dates, such as school events.

Technology is great for sharing information with parents, but it is important to maintain confidentiality of students' details. Schools should always follow the individual school guidelines and obtain consent.

5.3 Revision questions

1. Explain why a parent's own experiences of school may be a barrier to forming a partnership with them.
2. Define the role of the key person/worker. What does their job entail?
3. (a) Explain how a home communication diary or journal could be useful with parents or carers.

(b) Name **one** drawback of using this method of communication with parents or carers.
4. When might it be appropriate to use a child advocate in the setting or school?

**COPYRIGHT
PROTECTED**



Chapter 5.4: Understand where to find a range of resources to support parents, carers and young people

While setting staff can try to do all they can to support children and families, there are signposts to other reliable sources of help. This may be because they can't do all they can to try to help the family or because the problem which the family is facing is beyond the expertise of the setting staff; for example, if the family has a legal problem. It is important to know what support which is available to families may vary depending on where in the country you are working.

Charities	There are various different charities which offer support. An Internet search will lead to the most appropriate charities for families in the area in which you work.
The NHS	The National Health Service (NHS) can offer a range of services related to both physical and mental health.
Healthcare centres	Healthcare centres can offer a range of services for both children and adults. The exact services offered will depend on the size of the practice.
Community centres	Community centres can offer a variety of different services including parent and baby groups and playgroups. Age ranges will depend on the individual community centre and the local area.
Citizens' Advice	Citizens' Advice offers a range of free advice on a variety of issues including housing, benefits, health, immigration and legal problems. See www.citizensadvice.org.uk for more information.
School nurses	The school nurses often have regular contact with schools and can offer health advice for school staff about the children in their care.
Social services / Children's services	Social services are public services that are there to support and protect disadvantaged people. Family social workers act as guides and provide independent support) to families through challenging situations. They protect children from harm and take necessary action to keep them safe and in their families where possible.
Special Educational Needs and Disabilities Information Advice and Support Service (SENDIASS)	This service, offered locally, offers free, impartial and confidential advice and support for parents and carers of children with special educational needs and disabilities (SEND). All local authorities have a legal responsibility to provide this service. Find your local SENDIASS: https://councilfordisabledchildren.org.uk/what-we-do/parent-and-carer-advice-and-support-services-network/find-your-local-sendiass/

Research activity

Conduct some research into the support services available for children and families in your area. Create a poster advertising some of these services in a way which will attract attention and to let them know what help is available to them.



INSPECTION COPY

**COPYRIGHT
PROTECTED**



5.4 Revision Questions

1. Where could you look to find reliable sources of information about the support available to children and families in a given area?
2. Name **four** sources of potential support which could be signposted to parents.
3. Explain when it would be appropriate to signpost parents and carers to other support outside the setting.

INSPECTION COPY

**COPYRIGHT
PROTECTED**



Answers to Revision Questions

Chapter 5.1: The advantages of working with parents, carers and wider families and young people

1. **Award 1 mark each up to a maximum of 4 marks. Accept other appropriate responses. [4 marks]**
 - Home-school agreements (1)
 - Newsletters and other letters (1)
 - Text messages (1)
 - School website (1)
 - Meetings (either one-to-one or group) (1)
 - Social media (1)
 - Phone calls (1)
 - Notice boards (1)
2. **Award up to 2 marks for naming and describing any two categories of transition, naming one example of each of the transition types. Accept other appropriate responses. [2 marks]**
 - **Physical transitions** happen when a child or young person's physical location changes. Examples of physical transition include:
 - Moving home
 - Moving school
 - Moving class and/or year group
 - **Emotional transitions** happen when the child or young person experiences an emotional change. Examples of emotional transition include:
 - Bereavement
 - Parental separation or divorce
 - Being taken into care
 - **Physiological transitions** happen when the body undergoes physical changes. Examples of physiological transition include:
 - Puberty
 - Starting or changing medication
 - **Intellectual transitions** happen when the child or young person experiences a change in knowledge or skills, such as starting a new school. Examples of intellectual transitions include:
 - Starting a new school, college or university
 - Moving classes and/or key stage
 - Starting a new job
3. **Award up to 2 marks for each valid strategy given with an explanation. Accept other appropriate responses. [4 marks]**
 - **Strong relationships** (1) – While this isn't a strategy as such, forming strong relationships with parents, carers and young people means that they are more likely to come to you for comfort and support when they are distressed about changes in their life (1). They are also more likely to listen to advice from you, reducing the worrying them (1).
 - **Transition booklets** (1) – Transition booklets contain information about the changes that are coming and what is moving to (1). They might include photographs of the new classroom and staff, and advice on working with them (1).
 - **Visits** (1) – Giving the child or young person the opportunity to visit the new school or college, and showing them the best ways of allaying their fears about what to expect (1). A series of visits can help to give the child or young person a real taste of what to expect (1).
 - **Providing information** (1) – Sharing as much information as possible with parents, carers and young people about what to expect is one of the best ways of preparing them for the transition (1). This could include sharing a transition booklet with the child or, for younger children, showing them lots of photographs with them (1).

INSPECTION COPY

**COPYRIGHT
PROTECTED**



4. (a) **Award up to 2 marks for each valid strategy and explanation given. Accept other appropriate responses. [4 marks]**
- **Talking to her (1)** – Children learn language skills by listening to adults. Gemma can be given lots of opportunities to talk to herself (1). The children who come from homes where importance is placed on speaking and listening can help her (1).
 - **Play (1)** – Babies and young children learn best through the medium of play. Gemma can be helped by having age-appropriate toys in the home (1) and by playing with her (1). Play works best when it is accompanied by lots of opportunities for interaction (1).
 - **Reading (1)** – It is important that children are read to from an early age to help them develop their speaking and listening skills (1). Once a child starts to talk, parents and carers can support this by regularly listening to the child read (1).
 - **Supporting homework (1)** – Gemma's parents can help her to complete her homework projects she is set by school (1). They should support her with its completion (1).
- (b) **Award up to 2 marks for each suggestion given. Accept other appropriate responses. [4 marks]**
- You could support her by starting to develop a trusting relationship (1).
 - She should be encouraged to articulate her fears and you should listen (1).
 - Try to pair her up with a buddy in class and on the playground so that she can talk to someone (1).
 - In class, you could play games which are designed to promote self-awareness and help children to get to know each other (1).
5. **Award up to 2 marks for each appropriate answer given along with an appropriate explanation. Accept other appropriate responses. [6 marks]**
- Creating strong working relationships with parents and carers based on trust and communication ensure that everyone is working towards the best possible outcomes for the child (1). This will help to ensure that the child's health and well-being are taken into account (1).
 - Open communication with parents and carers will also ensure that everyone is working towards the best possible outcomes for the child (1) and misunderstandings are less likely to occur (1).
 - When the parent or carer has a strong relationship with the staff in the school, they are more likely to impart important information regarding the child (1) and to ask questions concerning them (1).

**COPYRIGHT
PROTECTED**



Chapter 5.2: Understand the characteristics of different family structure

1. **Answer B** Two parents raising a child or children. [1 mark]
2. **Award up to 2 marks for an appropriate explanation of what a blended family responses. [2 marks]**
 - A blended family is where one or both adults in the family have children from a previous relationship (1).
 - The adults may have gone on to have children together (1).
 - Not all the children (if any) from previous relationships will necessarily be together all of the time (1).
3. **Award up to 2 marks for each given parenting style with an appropriate explanation of appropriate responses. [4 marks]**
 - **Authoritarian** (1): With this type of parent there is an expectation that children will follow the given rules without question (1). Parents and carers of this type of household expect the rules are in place or why they must be adhered to (1).
 - **Permissive** (1): In this type of household there are very few rules or boundaries for the young person (1). There are also few, if any, expectations of the child or young person (1).
 - **Authoritative** (1): Parents and carers in this type of household set clear boundaries for children and young people (1). The children and young people in this type of household are taught how to become independent (1).
 - **Instinctive** (1): Parents and carers in this type of household generally parent in the way they were parented and are heavily influenced by this (1). The adults also tend to be consistent when making parenting decisions (1).
 - **Uninvolved** (1): This type of parent or carer is not responsive to the child or young person's needs (1); this can often lead to neglect of the child or young person (1).
 - **Helicopter** (1): This type of parent or carer insists on being involved in everything their child or young person does (1). This can often feel overpowering for the child or young person (1).
4. **Award up to 2 marks for an appropriate explanation of the term 'inclusion' and of the importance of inclusion in education setting. Accept other appropriate responses. [2 marks]**
 - Inclusion means meeting the needs of all children in the setting (1), regardless of their race, culture or background (1). Inclusion may involve thinking about children with special needs and disabilities (1).
 - Effective inclusion ensures that every child is able to access learning which is appropriate to their level of development (1) and takes into account their background and experience (1).
5. **Award up to 2 marks for an explanation of developmental delay which covers two points. Accept other appropriate responses. [2 marks]**

Developmental delay occurs when a child fails to achieve certain developmental milestones within an appropriate time frame (1). These milestones include language skills, thinking skills, social skills (1). Where significant delays occur we need to consider whether the child has a developmental delay (1).

INSPECTION COPY

**COPYRIGHT
PROTECTED**



Chapter 5.3: Understand the possible barriers to effective partnerships with families and how to overcome them

1. **Award up to 4 marks for an explanation as to why a parent's own experience is a barrier to forming an effective partnership with them. Accept other appropriate responses. [4 marks]**
 - For some parents and carers, schools and other educational settings have been a negative experience (1).
 - They may not have enjoyed their own school experience (1).
 - Or it may have been traumatic for them (1).
 - For these reasons they may not wish to enter the school building (1).
 - Parents and carers may struggle to trust setting staff (1).
 - They will often be unwilling to engage in conversation with staff (1).
 - Extra efforts will need to be made to form trusting relationships with them (1).
2. **Award up to 4 marks for an appropriate definition of a key worker/person who has this job role entails. Accept other appropriate responses. [4 marks]**
 - The Statutory Guidance for the Early Years Foundation Stage (EYFS) requires each setting to allocate a key person or worker (1).
 - This person will have a particular responsibility for a group of named children (1).
 - They will be responsible for recording their progress (1) and liaising with parents about this progress (1).
 - When working with children and young people older than five, there is no statutory requirement for a key worker and this role is likely to fall to the class teacher (1), who has the ultimate responsibility for their class (1).
 - However, it is important that all staff learn to communicate effectively with parents (1).
3. (a) **Award up to 2 marks for an explanation of how a home/school communication book is a useful tool for communicating with parents. Accept other appropriate responses. [2 marks]**
 - It is an easy way of instigating a two-way communication process (1).
 - It doesn't rely on parents and staff meeting face to face (1).
 - It can be a good method to use for parents who have heavy work commitments (1).
 - It shows children and young people that there is consistency of thought between home and school (1).
 - It can be a good way of ensuring nothing is forgotten as most significant events are recorded in a diary by parents and staff (1).

(b) **Award 1 mark for naming a suitable drawback to using this method of communication. Accept other appropriate responses. [1 mark]**

 - Parents might need guidance when using this method (1) as they may not be consistent with what they write down (1) or might be tempted to write down things that haven't happened at home which aren't really necessary (1).
 - Staff and/or parents may struggle to find the time to keep the communication book up to date (1).
4. **Award up to 2 marks for any one of the following explanations of when it is appropriate to use a child advocate in an educational setting. Accept other appropriate responses. [2 marks]**
 - A child advocate may be used when it is important that a child's wishes are heard (1) and they are struggling to communicate these (1).
 - If the local authority is involved with the family in any way they may appoint a child advocate (1), for example, if the child is taken into foster care (1).

INSPECTION COPY

**COPYRIGHT
PROTECTED**



Chapter 5.4: Understand where to find a range of reliable resources to support wider families

1. **Award 1 mark for an appropriate response which indicates where information can be found in the local community to support children and families. Accept other appropriate responses.**
 - The easiest place to search for appropriate support services would be on the internet (1)
 - Information could also be sought from community centres (1) or health professionals (1) or parents could ask for advice from other professionals such as the school nurses (1)
2. **Award up to 4 marks for naming four sources of potential support for parents and carers. Accept other appropriate responses. [4 marks]**
 - Citizens' Advice (1)
 - The NHS (1)
 - Community centres (1)
 - Healthcare centres (1)
 - School nurses (1)
 - Charities (1)
 - Social services / Children's services (1)
 - SENDIASS (1)
3. **Award up to 2 marks for an appropriate explanation of when it would be appropriate to signpost parents and carers to other forms of help and advice. Accept other appropriate responses.**

It is appropriate to signpost parents and carers to other forms of help and advice if they have already done all they can to help (1) and/or the problem is outside the expertise of the school staff (1); for example, if the family have a legal problem (1).

INSPECTION COPY

**COPYRIGHT
PROTECTED**

